



CDM BIG BEAR ALTITUDE TRAINING CAMP

AUGUST 10 - AUGUST 14 (SATURDAY TO WEDNESDAY)

CAMP REGISTRATION

Spots are Limited!
Registration is First Come,
First Served.

SIGN-UP TODAY!

Return this form to your coach
with a **\$500** check payable to:
SEA KING RUNNING FOUNDATION

or mail to:

SEA KING RUNNING FOUNDATION
c/o Melisa Pence
322 Amethyst Ave
Newport Beach CA 92662

CAMP FEATURES

- * TRANSPORTATION TO AND FROM BIG BEAR
- * 4 FULL DAYS OF ALTITUDE TRAINING
- * LODGING IN CHARMING CABINS
- * VISITS TO BIG BEAR LAKE AND BIG BEAR VILLAGE
- * HOME-COOKED MEALS
- * FUN WITH TEAMMATES
- * SPECIAL EDITION CAMP T-SHIRT

LIABILITY WAIVER (MUST BE SIGNED)

I hereby authorize the staff of the Sea King Running Foundation to act for me according to their best judgement in any emergency requiring medical treatment. I hereby acknowledge that Sea King Running Foundation, its organizers, trainers, coaches, sponsors and representatives cannot assure safety from accident, injury, or mishap when training in public areas. I recognize that running exposes me to risks commonly associated with training including, but not limited to, running related injury, detrimental effects and traffic. With my signature I accept responsibility for whatever dangers are involved and do release and hold harmless the above mentioned parties from any liability connected with my participation. (I as a parent or guardian of a minor, do accept the terms of this waiver for their participation.)

SIGNATURE _____

ATHLETE

LAST NAME _____

FIRST NAME _____

EMAIL _____

PHONE _____

DATE OF BIRTH _____

PRIMARY ADDRESS _____

EMERGENCY CONTACT

NAME _____

RELATIONSHIP _____

PHONE _____

GRADE IN FALL 2019 (PLEASE CIRCLE)

9TH 10TH 11TH 12TH

T-SHIRT SIZE

S M L XL

GENDER

M F

Questions?

SeaKingRunners@gmail.com

CoachSumner7@gmail.com