

2019 CDM TRACK & FIELD PARENT ORIENTATION

Meet Schedule

Please visit SeaKingRunning.com/Schedule

Meet Information

Meet information regarding bus schedule, entry fees and parking will be updated as information is received. Visit SeaKingRunning.com/News for the latest information.

Athletic Clearance Packet

An Athletic Clearance is required for each athlete each year. If your athlete has turned one in to the Athletic Office for a Fall or Winter sport, it is good for Track & Field. If not, please complete it ASAP. The form can be found at <https://cdm.schoolloop.com/hsathletics>

Banquet

The banquet will be held in May at the Oasis Senior Center. Athletes and parents are invited. Tickets will be available for purchase in April on SeaKingRunning.com/Register.

Register

Every athlete must be registered online. The school requires that coaches have up-to-date emergency contact information.

Volunteer

Many hands make light work. Volunteers are needed to set up and take down the tent,

bring snacks and water to the meets, take pictures for the website, facebook and the banquet slideshow, set up and clean up at the Banquet.

Fundraising

The total budget for Track & Field comes from fundraising efforts. For the past 15 years, the school's budget for the program has been \$0.

100% of your tax-deductible donation is used to pay for **Uniforms, Meet Entries, Equipment and Misc. Supplies.**

The request is that each team family do their best to provide for the success of their athlete and the team by participating in our fundraising for the season. **The suggested donation is \$500 per athlete.**

SeaKingRunning.com

Information found on the website:
[Register](#) | [Donate](#) | [News](#) | [Results](#) | [Photos](#) | [Banquet Tickets](#) (*coming in April*)

WITHOUT your support, we would not be able to do what we do,
and WITH your support, WE ARE ABLE TO DO MORE.

TOGETHER WE'RE BETTER